Appendix 1

Relationships and Sex Education Overview

	Relationships and Sex Education
Kindergarten	Where I live – who lives in my house
	Accept the needs of others
	Good friends
	Taking turns
	Own feelings and feelings of others
Reception	Special people in our lives
	Why are our families special?
	Celebrations linked to our families
	Friendships
	Own behaviour and consequences/ resolves conflicts
	Positive relationship with ourselves
Year 1	Caring for family and friends
	Family gives love, stability and security
	Special people
	My family
Year 2	Caring for family and friends – they should care for each other
	Similarities between boys and girls
	Needs of babies and elderly
Year 3	Good friend
	Boundaries in friendships
	Before puberty – body changes from childhood to adult
Year 4	Family changes – 2 homes
	Gender stereotypes
Year 5	What is puberty
	Human life cycles
	Physical contact
	Menstrual cycle (girls)
Year 6	Marriage
	Changes in adolescence
	How a baby is conceived and born

Additional SRE units covered to be added in (If agreed at Governors)